

# SALFORD FAMILY RELATIONSHIPS

## EARLY HELP

### ABOUT US

It's normal to have arguments in family relationships.

Sometimes these arguments can become destructive and can negatively impact others such as your children.

Salford Family Relationship team can help reduce conflict in your relationships. We know that happier homes make happier children.



### WHAT WE DO

We know living with conflict is hard, but did you know it can have a long term impact on children as they grow up?

Salford Family Relationships has a wide range of courses and support to help reduce conflict in families.

Speak to us about what options will suit you and your family best.



#### CONFLICT BETWEEN PARENTS

Whether you are together, separated or divorced we can support you to communicate better and make hard conversations easier.



#### CONFLICT WITH YOUR CHILD

Parenting can be a hard job, communicating with a child/teen can be even harder. If you feel like every conversation is a battle we can help make life that little bit easier.



#### PREGNANCY AND NEW BABY

Having a new baby is a time of change. Relationships can change too. Get your relationship ready for your new baby.

CONTACT US IF YOU WANT MORE INFORMATION.

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Salford City Council