

## Allergy Information – Week A

Monday	Quorn curry with rice and naan bread	Barley, egg, wheat
	Vegan shepherd's pie	Barley, wheat, soya, celery
	Southern style wrap	Wheat, egg, milk
	Cheese Pizza	Wheat, milk
Tuesday	Sausage and mash with vegetables and gravy	Wheat, sulphate, milk, barley, soya, celery
	Macaroni and cheese with garlic bread	Wheat, milk
	Ham and cheese panini	Wheat, milk
Wednesday	Beef madras with rice and naan bread	Mustard, wheat
	Tomato pasta with garlic bread	Wheat
	Pepperoni pizza	Wheat, milk
Thursday	Meatball pasta with garlic bread	Egg, wheat
	Cheese pie	Milk, wheat
	Ham and cheese panini	Wheat, milk
Friday	Chicken burger and chips	Wheat
	Fish goujons	Fish, wheat, gluten
	Cheese whirl	Egg, wheat, milk

## Allergy Information – Week B

Monday	Vegan sausage and mash with veg and gravy	Wheat, barley, celery, soya
	Quorn sweet and sour rice	Wheat
	Southern style wrap	Wheat
	Cheese and tomato panini	Wheat, milk
Tuesday	Meat pot pie	Celery, soya, wheat
	Veg lasagne and garlic bread	Soya, milk, wheat, sulphates
	Ham and cheese panini	Wheat, milk
Wednesday	Chicken tikka rice with naan bread	Milk, wheat
	Cheese pizza	Milk, wheat
Thursday	Meatball pasta with garlic bread	Egg, wheat
	Veg chili rice	Soya, sulphates
	Ham and cheese panini	Wheat, milk
Friday	Beef burger and chips	Mustard, wheat
	Fish and chips	Fish, wheat, gluten
	Salmon fish cake	Fish, wheat, gluten
	Cheese whirl	Egg, wheat, milk