



Moorside
High School

Term 1 - December 2022



Consilium
Academies

Moorside News



MESSAGE FROM OUR SENIOR HEAD STUDENTS

Curated by English's own Mr Howson and a team of young reporters, our new termly newspaper is a celebration of what Team Moorside has to offer. Over the past year, conversation and rumour surrounding the launch of Moorside News has stirred the community. Without warning, Moorside's new selected journalists set out to investigate the ins and outs of our school. From clubs to award ceremonies and secret operations (just kidding!), we can finally reveal the incredible mysteries that lie beyond our school gates.

HOW HAS TEAM MOORSIDE HELPED LOCAL CHARITIES?

In a number of ways, Moorside High pupils have dived head first into the community, spreading CARE and Christmas spirit.

Did you know whilst you were eating cake you were helping lives? Team Moorside, did you know that your money is going towards helping millions of people with cancer all over the world. Yes, thanks to our Macmillan Coffee Morning and our student leadership who sacrificed their time to support a local charity we managed to raise an amazing £290 altogether. Our houses all had a competition to see who could raise the most. Pankhurst won with a total of £90 and I believe that is an accomplishment worth celebrating. Don't you?

What's more, on Friday 8th November we had a cake sale for Children in Need. Donating £355 to the charity, it was a key reminder to remember that not everyone is as lucky as we are and we need to help those in need. Starting back in 1980, raising over £1million, it has become increasingly apparent that there are so many people out there who are either homeless or are struggling to live decent lives. Moorside continues to help in a number of ways.

With a congregation of a mixed variety of Salfordians, here at Team Moorside we have been collecting food for those in need. Thanks to Christ Central Manchester Church, we have the Salford Food Bank. This is not your ordinary money bank; this is a bank that holds an amazing assortment of food, helping our Salford neighbours in the midst of a cost-of-living-crisis storm... especially after a global pandemic that plummeted most of us into poverty. Not ones to watch from the side-lines, Team Moorside pupils have been bringing in food over the past few weeks to make a difference, but that's not all we've been getting up to.

Have you been getting involved during this year's Mission Christmas? Every year, over 40% of children worldwide don't get a Christmas present. Due to our current climate, we have been proud to become Santa's little helpers for this year's cause by bringing in tremendous toys and little gifts.

On a personal note, thank you for all your hard work. Charity work truly does make a difference to our community. Let's be honest, we can all pat ourselves on the back!

By Megan Calladine-Jones



Inside news

- Remembrance Day
- Consilium Awards
- School Council Updates
- TeenTech Event
- Moving to Moorside
- A library, a community, a family
- Salford Library Event
- Exclusive Author Visits Moorside
- Fitness never fails at Moorside
- Is Gender Obsolete?
- Aim Higher partnership
- And more!



ESTEEM, PLIABILITY AND REMEMBRANCE: HOW DID MOORSIDE CELEBRATE REMEMBRANCE DAY?

On the 28th of July, 1914 the world went into war. Soldiers had to surrender their lives to combat for civilizations liberty. Despite the hardships which they would face, they fought for 4 years, in anguish, despondency and misery. To give us the freedom which we have today, if it were not for the immense effort from the soldiers, our sovereignty would not be in existence.

Why is it important to remember those who fought in the war? To fully grasp how wars keep occurring to shape societies nowadays, it is exceedingly crucial to retract what transpired 118 years ago, and to appreciate the effect of the war, both excellent and bad aspects that soldiers had to go through to develop freedom, which now permeates our society today.

Remembering those who fought in the war allows people to feel appreciated for the immense responsibility in which they served for their country. commemorating war – through permanent sites of remembrance – is a signal that society will never forget their actions and allows us to reflect.

As a sign of respect for those who fought in the war, Moorside High School created a large wreath of poppies, as an emblem for those who sacrificed their lives. Moorside High School also had a 2-minute silence to respect those who fought in the war.

Individual pupils from multiple year groups attended Remembrance ceremonies. A group of Y9 students attended the Humphrey Booth dementia friendly Forget Me Not Café, where they created a poppy wreath and chatted to those who attend the café. A group of year 10 students also attended a remembrance ceremony at Peel Green on the 11th of November, where the people in attendance, sang the national anthem, held a 2-minute silence, lay poppies and read from the bible.

Moorside High School were fortunate enough to have incredible staff to deliver well-planned and knowledgeable assemblies to all year groups and staff, explaining and highlighting the importance of Remembrance Day, and the significance which it had on our generation, the gory conditions which soldiers faced, the poverty like conditions, and yet despite these dominative hardships which they faced, they still battled for their lives. and how if it weren't for the immense amount of exertion from soldiers, our freedom would be fragmented. Educating people about such a substantial event is important for society's growth and increases people's understanding about the sacrifices made that resulted in where we are today.

By Madison Edwards

"SOLDIERS WHO ALWAYS REMAIN FAITHFUL TO THEIR NATION, WHO ARE ALWAYS PREPARED TO SACRIFICE THEIR LIVES, ARE INVINCIBLE." — SUBHAS CHANDRA BOSE





A CONSILIUM COMMEMORATION: MOORSIDE PUPILS RECOGNISED FOR THEIR ACHIEVEMENTS

Reporting on the Consilium Awards, Head Student Lucia Neild describes the awe and inspiration felt by members of the trust as Moorside pupils were recognised for their achievements.

The Consilium night is an awards evening presented by the Consilium Academies to reward students for their great success and hard work throughout school. Families, teachers and students came together in an emotional evening full of tears, laughter, and celebration.

The evening got underway with a rousing speech by Consilium Academies CEO, David Clayton, who spoke about his delight that such an event was able to take place, but also how proud he was of every single member in our Trust. He later went on to detail how each nominee was an inspiration, and the awards evening was the recognition they thoroughly deserved. There were six award categories for the event, representing each of the six values of the Consilium Charter, including: Partnerships, Opportunity, Integrity, Equity, Excellence and People-Centred.

This year we were lucky to have a winner and three runner ups: Hannah Greenhalgh who won the partnership award and Eleanor Bennet, Mr Mills and Miss Henn runners up.

Interviewing one nominee, Lacie Heaven, she spoke about her favourite part of the night: "The overall atmosphere and excitement knowing you have been put up for an award to represent Moorside.

"Not only did the Consilium Academies reward these values, Moorside have their very own CARE Values for our school ethos," she added.

For those who weren't nominated for the night, Moorside held a 'Pride of Moorside' event for students to receive a trophy and WHSmith voucher to reward their excellence in school.

If you're motivated to be nominated for next year's Consilium Evening, try your hardest in all you do as it never goes unnoticed.

By Lucia Neild



School Council News

At the start of the school year we, Gabriella and Adam, applied for the 1st Consilium Student Parliament and we were preliminary accepted for one of the positions. This will be added on to our positions within the school leadership team in being Head Student and Deputy Head Student. The Student Parliament is an opportunity to build stronger communication between all staff, Consilium members and students in order to further improve everyone's experience. The Parliament is led by the President with the Vice President second in command who will line manage many vital departments like Environment, Wellbeing, Education, Behaviour etc. Being a part of this Parliament connects us with other Consilium schools and many students being from a variety of different school years.

Gabriella: I decided to apply to the Student Parliament due to my love of politics and law. For my application I created a campaign video that showed me in different aspects of my life. My main goal in the Parliament is to ensure that all voices are heard and to further strengthen communication between students, staff and board members. I can't wait to get started with the student parliament!

Adam: I decided to apply for the Student Parliament as I wanted to help more people. I also wanted to make the schools a better place and a better environment for learning. For my application I created a PowerPoint which outlined my goals and aspirations for the future of Consilium and the school itself. And like Gabriella, I can't wait to get started on this adventure!

Following the first meeting with the 10 successful students, we were informed that the next step is electing a President. This will be done by all student vote from all Consilium schools with our campaign videos being shown in form time. After this, a Microsoft Form will be sent out where the students will vote for the person the deem fit for the role of President.

TEEN TECH[®]

TEENTECH DAY - YEAR 9

Did you know that according to research, only 38% of students are interested in STEM subjects? And only 15% of those are girls?

Due to the lack of people pursuing STEM subjects such as science, engineering, and technology nowadays, Year 9 (who will be picking their options at the end of the year) got to participate in an event called Teen Tech.

Teen Tech is an organisation that works with young minds all over the country and actively encourages people to get involved in STEM subjects.

Speaking with Dallas Campbell and Ali Maggs, hosts of the super techy event, I got to learn about how the advancements of technology has allowed dreams from the past to become reality. It got me thinking, how could the next generation utilise science in a way that could be beneficial to the ongoing problems which we currently face?

Poverty. Climate change. Increasing crime rates. These immense issues are only getting worse! We were given the opportunity to invent our own plan of action in order to shape our futures for the better. From the design to marketing techniques, our pupils got to speak with a group of specialists about how they could make their efforts become reality. We then proceeded to present the ideas to the group and, upon doing so, we received an incredible pair of AirSWIFT headphones. Among others, I couldn't deny that it was a unique and enjoyable experience that encouraged us to pursue some form of Stem subject in the future.

Being among powerhouse companies such as Microsoft and AirSWIFT, I can truly say this was an incredibly immersive experience that allowed all of us at Team Moorside to expand our knowledge of STEM subjects outside of the typical classroom setting. Moreover, the event encouraged us to be creative and draw out our ideas as well as explain the history and change of technology over time.

So, how can we get more involved school? Well, every Wednesday, Mr Rooke is hosting a club to inspire Moorside pupils to advance their super techy, futuristic ideas further and submit them into the Teen Tech competitions. Open to all years, this is your chance to experience a truly unique journey through the tech industry, visit London, and present your world-changing ideas to a panel of scientists and guests.

By Sophie Owen



A DAY IN THE LIFE: MOVING TO MOORSIDE

Amy Gibson retells her experience of transitioning to High School and reflects on the importance of adopting the CARE values.

Arriving at the threshold of Moorside High School, my stomach drowned in nerves and worry – nothing could prepare me for what I was about to encounter. To my surprise, excitement emitted from my core as, upon walking beyond the green gates, I was pleasantly surprised when others, just like me, felt exactly the same. Phew!

"How was it?" you might ask. Well, let's start with the most daunting question first: where did my adventure truly begin? Tall, intimidating, unapproachable: a Year 11 walked sinisterly towards me. Suddenly, with nowhere to turn, and no other person to ask, I finally came out with it:

"Where do I find Drama?" I asked timidly.

"Follow me," replied the now approachable, caring Year 11 as he showed me where I needed to go.

Why was it that I was unable to ask such a simple question when I needed it the most? I should have known, in a school bounded by the CARE values, I could always seek help when I need it.

Plastered around the magnificent hallways of the school, the CARE values have proven to be embedded within my everyday decision making. For example, not only have they inspired me within school, but they have also given me the opportunity to demonstrate 'CARE' in my personal life. Take football, for example, just because a goal slipped away doesn't mean you give up, it's a sign to get up and show true Resilience. If it wasn't for my new experiences here and understanding the true meaning of Resilience, I dread to think about the outcome without it.

Over the coming weeks, my Aspiration began to grow. As the only Year 7 on the football team, my stomach, yet again, began to fill with worry. Eventually, one by one, more of us started to join the football group and, after a week or two, their Aspiration began to inspire others too! Without a moment's notice, before my very eyes, a sense of community flourished.

What's more, with roots stemming from America, an obvious feeling of isolation reverberated through my every limb. Nevertheless, Moorside's ethos of Equality has allowed me to stay true to my character. It's not a place you could ever feel lonely. From open classrooms to the Astroturf, an atmosphere of togetherness and #TeamMoorside is felt everywhere.

Let's be real, High School is just another platform for self-discovery. So, if you fear coming to Moorside, you should know you won't be alone. Even though coming to High School can seem frightening at the best of times, you shouldn't worry. When it was my first day, I felt the same, but you soon notice how much better it is. It IS the best thing that happened to me so far...

By Amy Gibson



A LIBRARY. A COMMUNITY. A FAMILY.

Moorside celebrates all things literacy, oracy and the impact that reading can have on young people.

A library is not just a place of reading; it's also a place of relaxation, adventure and simply joy for most. Just by picking up a book, you can step into a new world, a new life. Coming back to relaxation, reading lowers your stress levels by 60%. Honestly though, if you enjoy reading, then that's great, but the inevitable truth is that reading has a direct correlation with success in everything that you do. Did you know that if you read for just 20 minutes a day, then you will expose yourself to 1.8 MILLION words a year? Think about that for a minute. That is an astronomical expansion in your vocabulary!

Miss Powell, Head of Literacy, spoke about the significance of expanding your mind through literacy and reading: "If you do not engage with reading and the literacy drive at school, you can limit your chances later in life – plus, reading takes you places."

I know that libraries typically have a stigma of silence, but in our library calm conversations and collaborations are welcomed. Whether the discussion is to seek for different opinions, relating to books or just to socialise among great storytellers, creativity is promoted. We understand that there are great minds around us and one of the world's benevolent souls is Librarian Miss Smith, who, as a member of Team Moorside, looks beyond the bookshelf at each pupil's worth.

Miss Smith too believes that Moorside has really nurtured literacy within the school: "I think that pupils have really engaged in the termly word roots and weekly WOTW, but it's only with continued focus, repetition and reinforcement that you would truly see some positive results."

Previously, Moorside has introduced Meet The Author events, book clubs, and a Pop-Up library to indulge in escapism. However, it's not too late to get involved; coming up, there is a Twisted Tales competition where you could get your own saga and name in print, even more empowering, thematic Pop-Up libraries and we are still striving to find Moorside's first Word Millionaire. Could that be you?

By Lydia Tod



Recommended Books

- *The Outrage* (William Hussey)
- *Heartstopper* (Alice Oseman)
- *The Black Flamingo* (Dean Atta)
- *I Know Why The Caged Bird Sings* (Maya Angelou)
- *Paper Butterflies* (Lisa Heathfield)
- *One Of Us Is Next* (Karen M. McManus)
- *The Inheritance Games* (Jennifer Lynn Barnes)





GET INSPIRED BY LITERATURE WITH SALFORD CHILDREN'S BOOK AWARDS

Imagine getting to enjoy a once in a life time event which allowed you to venture beyond the gates of Moorside High School and expand your knowledge in an entertaining, enticing and well-planned way.

Wouldn't you like that? Yes, you would. A few select students who strived to read and advance their literacy skills challenged themselves to read a total of five books in approximately two months. They sacrificed and dedicated their time to read these books and as a result got the chance to visit the New Adelphi Building at the University of Salford and meet up with the interesting, engaging author Joe Wilson, author of *The Island That Didn't Exist*.

Moorside High School has taken part in this event for an astonishing 18 years, only ever missing it once due to Covid restrictions. Our librarian, Miss Smith, praises the event and what it offers to pupils, "It's a fantastic opportunity for pupils to read newly published, books appropriate to their age range," she admitted.

Additionally, some books talk about issues that haven't even scraped the surface of discussion like mental health, global warming and refugees, topics that help spread awareness to the next generation of different affairs around the world and even in their own community. Miss Smith went on to mention that the event inspired readers and touched many different students in different ways.

As a reward for getting involved with Moorside's Book Club every week and showing Resilience, students got a chance to venture past our gates and explore literacy on a geographical level. The pupils who went got to ask intriguing questions to the author about their favourite book.

If you're afraid of missing out, Aspiration and Resilience can come along way if you're determined to get lost in any captivating chapter of a romance, thriller or adventure novel. Moorside's Book Club is a place to help you gain key reading skills, as well as allowing you to openly read for pleasure as a safe space to share your love of a thrilling novel. It truly is a unique experience!

This year in June, a total of 13 students went to the event hosted by James Campbell, described as, witty, incredible, engaging and funny. If anything, many people wanted the event to last longer than it did so they could talk more to him. Some questions even left the author momentarily stunned not expecting to be asked such a high-level question.

If I were to take anything away from this incredible event, the idea of being a published author seems far much closer to reality than I ever thought and, as one Year 8 pupil once admitted, "book clubs are the key to success!"

By Sophie Owen



CREATIVE WRITING

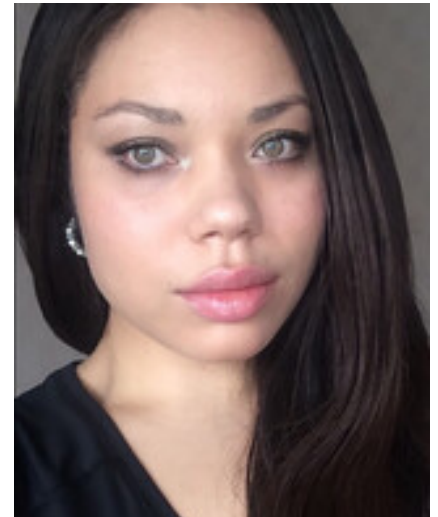


EXCLUSIVE AUTHOR VISITS MOORSIDE

Imagine getting the opportunity to exclusively meet your favourite author and work with them for three weeks: that's exactly what Moorside has to offer!

Towards the end of last half term a group of our pupils had the opportunity to attend an exclusive workshop led by a renowned author: Danielle Jawando.

Danielle Jawando is an author, screenwriter and Lecturer in Creative Writing at Manchester Metropolitan University. Her debut YA novel, 'And the Stars Were Burning Brightly', won best senior novel in the Great Reads Award and was shortlisted for the Waterstones Children's Book Prize, the YA Book Prize, the Jhalak Children's & YA Prize, the Branford Boase Award and was long-listed for the CILIP Carnegie Medal, the UKLA Book Awards and the Amazing Book Awards. Her previous publications include the non-fiction children's book Maya Angelou (Little Guides to Great Lives), the short stories Paradise 703 (long-listed for the Finishing Line Press Award) and The Deerstalker (selected as one of six finalists for the We Need Diverse Books short story competition), as well as several short plays performed in Manchester and London. Her second YA novel, 'When Our Worlds Collided,' was published this year. Danielle has also worked on Coronation Street as a storyline writer.



The six hours of workshops ran over the course of three weeks. During this time, pupils demonstrated a dedication and passion by always aspiring to do their very best and showing our CARE values throughout each session. Following these sessions, students were also invited to attend a showcase in June at Swinton Library. Here, our students were given the opportunity to celebrate the work they created and explore further writing opportunities within the community.

By Miss Tallow





FITNESS NEVER FAILS AT MOORSIDE

Even light physical activity among adolescents was linked to better mental health as they got older, new research shows.

Regular physical activity can help children and adolescents improve cardiorespiratory fitness, build strong bones and muscles, control weight, reduce symptoms of anxiety and depression and reduce the risk of developing health conditions such as heart disease, cancer, diabetes, high blood pressure, osteoporosis and obesity.

Moorside High School continues to cross the goal line, priding itself on promoting fitness for all. As more pupils are engaging with fitness, Mr Birchall, Leader of Moorside's gym club said: "25-30 students, ranging from Y7 – Y11, Y7's are focused on cardio machines and Y11's, who are more mature, are focused on weightlifting."

In the gym, fitness may seem like it's all about the physical side. However, the gym helps focus and concentrate on whatever machine you're using or whatever weight you're lifting. Mr Birchall added: "Concentration, whatever exercise, or machine you are doing you are concentrating on it, it also teaches about resilience. There will be some weeks where you can't lift that weight, it's a little too heavy but we teach them to keep going."

Moorside's CARE values are a considerable influence on how we do and improve our actions. But how does the gym include these values into activities? This is what Mr Birchall answered: "Aspiration is definitely one, since I was at Moorside as a pupil I've been really happy with the changes and the improvements in my own fitness but at the same time I think you always have to have some goals, no matter how satisfied you are, you always have to run a bit faster, jump a bit higher, lift a bit more weight."

As a school with a multitude of competitive players in academia, it's no surprise to us that this same competitive strike is seen within sport. In the gym itself we tend to get lost in the moment competing with ourselves. With the postponement of Sports Day last year, teachers are keen more than ever to see us competing with one another: "Maybe we could get some planking competitions, if we got a chin-up bar or a dip bar maybe we could get something going, maybe some team efforts, combining different form groups with the distances that they've cycled and such," Mr Birchall adds.

"Keep it simple, only compare yourself to yourself. When I was a pupil and I was all skin and bones, it was really hard to add any muscle definition, you're constantly thinking "oh they're lifting that" but I think when you start looking at yourself you start thinking "can I get myself stronger, can I get myself fitter?". When you set out there'll always be someone bigger than you; like in your studies you always see someone else's scores in a maths test or a science test, but you have to focus on what are your scores, what can you improve on."

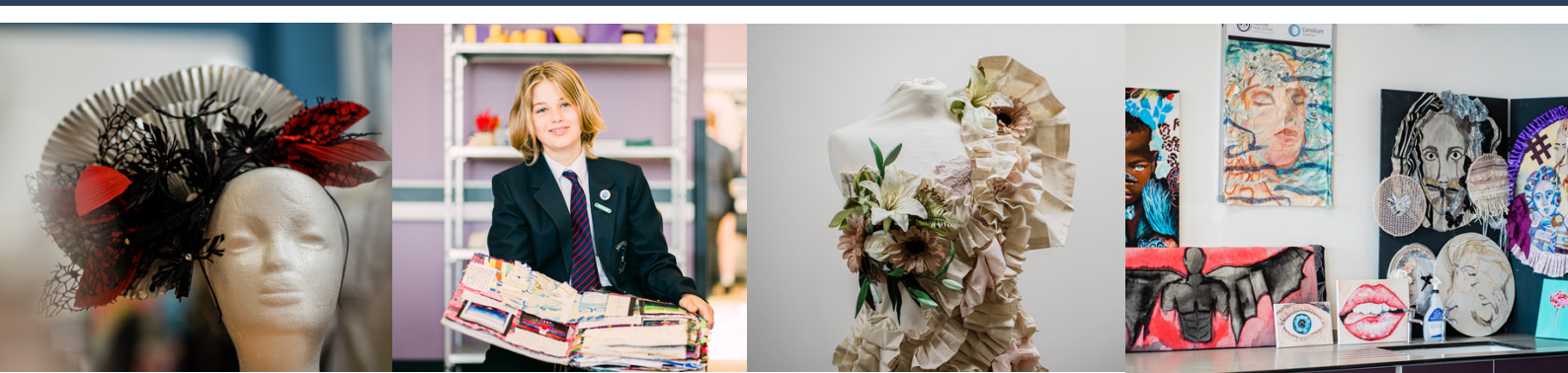
By Oleg Danilcenko

MOORSIDE HIGH SCHOOL PARTNERSHIP PUSHES STUDENTS TO AIM HIGHER

Partnering with The University of Salford, students at Moorside High School pushed textile boundaries in an incredible art project.

Our GCSE Year 10 textile and photography students have recently taken part in a series of virtual art workshops with the implausible Encounters art project that is twinned with Aim Higher and Manchester's own Salford University.

Mrs Goth, Head of Arts at Moorside said: "This programme aims to promote the study of art and design at higher education level, as a means to entering the thriving creative industries in Greater Manchester."



Salford university is committed to breaking down traditional barriers to Higher Education, ensuring that their student results reflects the diversity in society. They work to inspire, engage and enable those who would not traditionally consider higher education to fulfil their potential by raising their awareness, challenging barriers and providing opportunities to explore Higher Education, they are also collaborating with Moorside High School.

The lead artist Jack Brown encouraged pupils to take part in a series of virtual practical workshops to enhance their art, textile and photography skills and techniques and provided the opportunity to explore what they might do if they were to pursue a career in the creative arts.

"Students thoroughly enjoyed the experience not only developing a range of skills and techniques to embed into their own art GCSE coursework but knowledge of future educational courses and career pathways".

From headdresses, screen printing and digital photography, the creativity of Moorside pupils was pushed to limit as they continued to develop key skills throughout the project. As students took part in the Encounters workshops, they could map out their ideas about studying art, careers, training and any barriers they might face beyond the school walls.

"It was wonderful to observe our students discussing their current GCSE art projects in such a mature way and exchanging relevant career minded questions face to face with inspirational people in their work places," Mrs Goth added.

By Ryan Simmons

IS GENDER OBSOLETE?

As the lines continue to blur, Moorside High School continues to nurture pupils for their individualism.

Surprisingly, the term 'gender' was coined less than 100 years ago – so why is it woven so far into the fabric of society?

Gender and identity is something a lot of people are talking about right now – whether it be in the news, online, in school or in our homes. Social media is somewhere you can easily learn and find out about this – whether it be people listing their pronouns or 'coming out' posts. But why?

In our age of social media, ideas spread much quicker than they would have only a few years ago. These apps are not just about memes and pictures – they can prompt new ways of thinking. Not even that long ago, people thought about gender in a 'simpler' way. If you were born a boy, you were a boy, and vice versa. With everyone thinking like this, it is known as a 'binary world' - you are one or the other, and there is no other option. However, in places like Moorside we are taking steps to make sure that people feel safe and valid!

Could living in a binary world affect your opportunities in life? One student said, "Not having the freedom to have your own gender is quite old fashioned for the 2000's." When Moorside pupils were asked about the limitations of living in a binary world, one pupil responded, "People's choices limit them to be themselves and to tell people about the way they want to live."

Identity is something that we will move forward with in our lives. It is something that should be normalised within society, to promote discovering yourself. People who do not fully understand where they fit in still have a realisation that they do not "fit into the norm" and continue to find it extremely hard to discover who they really are.

In many cases, it should be different – from both a community perspective and a legal one. It should be an easy and allowed decision to change your gender, pronouns, name, and sexuality in any country – you should not be limited because of who you are. In many countries it is still illegal to be Transgender, Nonbinary, or other genders from your birth sex!

And we also need to take a different approach as a community. We need to stop the discrimination and treat identity as something normal and change our mindset to account for this new world of change.

By Gwen Williams Jones



CAN LONELINESS AFFECT OUR MENTAL HEALTH?

Mental health can be defined as our emotional, psychological, and social well-being. It affects how we think, feel, and act. Although our Mental health is invisible (unlike our physical health) looking after both should be a fundamental priority. Mental health is unequivocally as important.

One aspect that may negatively impact your mental health is being lonely. Though we are all familiar with the concept of loneliness, do you fully understand the multifaceted nature of this issue? Is it an issue that you and your peers feel confident in discussing without feelings of embarrassment?

Loneliness may manifest from feelings of isolation from others, even when surrounded by many. You may feel trapped and imprisoned in the confines of your mind; you may feel like you are alone in a particular struggle; you may feel like you have nobody's support or are unable to seek help. Additional reasons include physical isolation and even low self-esteem.

According to the BBC, roughly a quarter (25%) of young people say they 'often' feel they lack companionship, 25% say they often feel left out and 27% feel isolated from others. Not only that, only 55% of young people are confident that they know where they can go to find help if they were concerned about their mental health and well-being, and only 34% are confident that they would actually get help from someone when in need. Thus, this is a pertinent issue that demands our attention.

This school offers the Sharp System where you can report any worries, but you may not feel comfortable reporting it, which is okay, however you must seek help.

Mrs Ryles - Dean, Headteacher at Moorside High School, said: If in need of support, students are able to go to their Form Tutor, Head of Year, Learning Support Area (the Link), Our Mental Health leads, the School Counsellor and the Safeguarding lead/ officer; Mr Mills and Mrs Redmond. Also, our Mental Health First Aiders; Mrs Henn and Mrs Copestake. If students are uncomfortable with that, students can email teachers or speak to Mrs Ryles - Dean.

In a further statement when asked 'What advice would you give to someone who is struggling with their mental health?' Mrs Ryles - Dean said "It's okay to not be okay, however students need to access some support. This can be at home or at school. Studying and coping with new challenges can have an impact on your mental health, but there are a lot of things students can do to make their time as a student easier and more enjoyable. If struggling, students can meet with our Mental Health Lead - Mrs Henn."

To help students further in the future, she said the Moorside High School website is continuing to be developed to use as a support tool. There is a senior prefect who is responsible for wellbeing as part of the Student Leadership Team. There is an area currently being developed where students can access support for their mental health. This will be a safe space and will be led by our Mental Health first aiders; Mrs Henn and Mrs Copestake. The school may have more activities highlighting Mental Health and the support you can get, similar to the paper chain that was made during mental health awareness week. Not only that, there are also efforts to ensure the library has books that can support young people and there will be more posts on Twitter and Instagram to reach out to students, giving advice.

As a school to promote Mental wellbeing, the Senior Leadership Team would like to update the quotes on the walls to reflect motivational quotes that would support the student body as well as displaying more information on the screens around school relating to mental health. There is currently a 'Mental Health Award' being developed, working towards our Bronze Award from 'Emotionally Friendly School.'

When it was Mental Health Awareness Week from May 9th – 15th, the school addressed this important matter by holding assemblies, form tutors delivering information during form time and PSHE as well as information being posted to Twitter. Also, every student wrote on a slip 'What I am proud to be...' which have been made into a Paper Chain rainbow for the library.

If you feel lonely or isolated, there are many places you can go to find support. You can talk to your parents/ guardians, friends, older siblings, teachers or anyone else you trust. If you don't want to talk face to face, there are websites online where you can talk to someone anonymously;

Kooth.com is a support link where you can read articles, get involved with discussion boards and privately speak to a member of the team for anyone seeking external support in mental wellbeing.

By Emily Elsey

SPEAK UP, SPEAK OUT

Wanting to ensure that pupil voices are heard, Moorside High School is encouraging young people to report any discriminatory behaviour they either witness or fall victim to. With an ethos centred around CARE, the compassion felt among Team Moorside's corridors may often mask some of the larger issues at stake of becoming institutionalised. Recently, discrimination has been at the forefront of PSHE and as an ongoing focus, pupils are taking the opportunity to create a safe learning environment and feel empowered to report behaviour that doesn't reflect our sense of community.

Are you witnessing discrimination in or outside of the classroom? Together let's report and eliminate unacceptable behaviour. Speak with any member of staff or report the incident through the SHARP system and we can begin a new journey to change perceptions and encourage everyone to be kinder and responsible for their own actions.

MOORSIDEHIGH.THESHARPSYSTEM.COM



Something not right,
or have a good idea,
would you like to
make a difference...

**SPEAK UP,
SPEAK OUT**

TALK TO
US

SPEAK UP, SPEAK OUT
#TEAMMOORSIDE

QR CODE

Your name & email will
be registered when you
log a comment



Contact us:

Email: MHSinfo@consilium-at.com

Phone: 0161 804 4022

Website: www.moorsidehigh.co.uk


Merry
Christmas

From
Team Moorside



Moorside
High School
Enriching Lives, Inspiring Ambitions