

PSHE/RSE education gives our pupils the knowledge, skills, and attribute they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain.

Y7	Autumn PSHE/RSE	Spring PSHE/RSE	Summer PSHE/RSE
Curriculum Content	<p>Transition to TEAM Moorside: Relationships, Life beyond School & Staying Safe (Friendship, respect and relationships) Part 1</p> <p>This is an introductory unit for the new Year 7 cohort. Students will be introduced to PSHE and how we uphold the CARE values in the school. Throughout this unit, students will be able to build on their relationships knowledge they will have gained during KS2.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • What his community and why is it important? • What makes a good friend? • How do you maintain genuine friendships and avoid toxic ones? • Why is it important to get to know people? 	<p>Puberty & Body Development (Health & Wellbeing)</p> <p>This unit will introduce students to the emotional, social and physical changes that happen during puberty. Students will build on the knowledge they will have gained during KS2 on the different parts of the body. Year 7 will be studying this unit at this point in order to support/ prepare our students for the important transition of puberty.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Puberty in both boys and girls • Personal hygiene • Self esteem and empowerment • Assertiveness, consent and hormones 	<p>Politics, parliament and me (Rights, Responsibilities & British Values)</p> <p>Students will be looking at the rights and responsibilities of citizens of the UK, in addition to an introduction to British Values. Students will be studying this unit in order to gain an understanding of the political landscape and the importance of fundamental British Values. Students will be studying this unit at this point because it will coincide with the May 2023 Local Elections and will hopefully engage students more in ideas of democracy, politics and the process of voting.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Why is politics important? • How is our country run? • Elections and campaigns • Political parties • Exploring responsibilities of the Prime Minister
	<p>Transition to TEAM Moorside: Relationships, Life beyond School & Staying Safe (Relationships & Online Safety) Part 2</p> <p>Topics include:</p> <ul style="list-style-type: none"> • How can we keep safe and positive in relationships? • How can we prevent bullying? • How can we avoid gangs? • What is smoking/vaping? • What is alcohol? 	<p>Staying Safe Online and Offline</p> <p>Pupils will have the opportunity to learn about risks both online and offline. They will learn about the issues surrounding online gaming and addiction, as well as issues around social media.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • How can we stay safe online? • Online gaming • Gaming addictions • Social Media and trolling 	<p>Celebrating Differences (Celebrating Diversity & Equality)</p> <p>This unit will focus on differences within Britain as a multicultural society. Students will have the opportunity to have class discussions regarding issues regarding stereotypes, prejudice and discrimination.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • What is your identity? • Multicultural Britain • Breaking down stereotypes • Prejudice and discrimination • Challenging Islamophobia • Celebrating differences

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Y8	Autumn PSHE/RSE	Spring PSHE/RSE	Summer PSHE/RSE
Curriculum Content	<p><i>Staying Safe Online and Offline. (Dangerous Society Online and Offline)</i></p> <p>This unit will inform pupils of the risks both online and offline. They will learn about the issues surrounding County Lines and understand who is at risk. Students will also look at the risks involved with drugs and alcohol.</p> <p>Topics include:</p> <ul style="list-style-type: none">• What is County Lines?• What is online grooming?• What is Child Sexual Exploitation (CSE)• What is substance misuse?	<p><i>LGBTQA+ (Celebrating Diversity and Equality)</i></p> <p>This unit will build on the work students completed in Year 7 on prejudice, discrimination and stereotypes. They will explore what LGCTQA+ is and how to support members of the community within school.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Supporting the LGBTQA+ community• Homophobia in schools and society• Challenging homophobia and transphobia• Coming out	<p><i>British Values</i></p> <p>This unit will build on the work students completed in year 7 in regards to Politics and how our county is run. Students will also gain an understanding of the political landscape and the importance of fundamental British Values.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Who is the Prime Minister?• Exploring inside parliament• Politics and debating• How laws are made
	<p><i>Physical Health and Mental Wellbeing</i></p> <p>This unit acts to provide valuable learning on matters to do with Physical Health and Wellbeing. Students will discuss issues surrounding Mental Health, Positive Body Image, Healthy Eating & Cholesterol and Stress Management.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Types of bullying• Promoting positive body image• Child abuse• Healthy eating and cholesterol	<p><i>Identity, Relationships and Sex Education (RSE)</i></p> <p>This unit will build on the work students completed in Year 7 in regards to friendships and relationships. This unit acts to provide valuable learning on vital matters to do with Relationships and Sex Education. It will include lessons on Healthy Relationships, Sexual Orientation, Gender Identity and Contraception.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Healthy relationships• Introduction to contraception• Dealing with conflict• Female Genital Mutation (FGM)	<p><i>Proud To Be Me</i></p> <p>This unit acts to provide valuable learning on matters to do with employability skills, careers choices and the labour market. Students are taught this unit at the end of Year 8 in preparation for options year in Year 9.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Employability skills• Career choices• Career interests• Self esteem and the media

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Y9	Autumn PSHE/RSE	Spring PSHE/RSE	Summer PSHE/RSE
Curriculum Content	<p>Life Beyond School (Essential Life Skills)</p> <p>This unit acts to provide valuable learning on matters to do with Life Beyond School. Students will discuss issues surrounding success and failure and to understand the importance of resilience.</p> <p>Topics include:</p> <ul style="list-style-type: none">• What is happiness and what deco it mean to different people?• What makes people angry?• How can you effectively save money?• What is money management?• How are success and failure linked?	<p>Health and Wellbeing (Body confidence)</p> <p>This unit will build on the work students will have completed at primary school and in both years 7 & 8.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Self esteem and bullying• Dealing with grief and loss• Media and airbrushing• Cancer prevention and healthy lifestyles• Online bullying	<p>Staying Safe online and Offline</p> <p>This unit will introduce Year 9 to the topic of legal & illegal drugs. The different areas of study include the different types of addiction, classifications, cannabis products and party & illegal drugs.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Different types of addiction• Drugs• Cannabis products• Party drugs and illegal drugs• Volatile substance abuse
	<p>Relationship and Sex Education (Sex, the law and consent)</p> <p>This unit acts to provide valuable learning on matters to do with Sex, the Law and Consent.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Sexual Consent and The Law• FGM and The Law• Delaying sexual Activity• Pleasure	<p>Religion</p> <p>This will be the third RE unit students will study at KS3. This unit will build on previous knowledge from Year 8's.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Islam• The Quran• Ramadan and Eid• Judaism• Sikhism	<p>Relationships and Sex Education (Contraception and Sexual Transmitted Infections)</p> <p>This unit will build upon the knowledge gained in the Sex, the law and consent unit in Autumn 2.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Sexual Transmitted Infections• Contraception• Sexual Harassment• HIV and AIDS• AIDS prejudice and discrimination

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Y10	Autumn PSHE/RSE	Spring PSHE/RSE	Summer PSHE/RSE
Curriculum Content	<p>Health and Wellbeing (Mental Health and Wellbeing)</p> <p>Students will learn about the laws relating to, and support networks available to, those suffering from child abuse. Students will also explore different types of mental illness and understand what they can do to help a friend with their mental health.</p> <p>Topics include:</p> <ul style="list-style-type: none">• What is Child Sexual Abuse (CSE)?• What is Mental Health?• Self harm• Suicide• Promoting emotional health and wellbeing	<p>Relationships and Sex Education (<u>Warning</u>, relationships and Sex education)</p> <p>This unit acts to provide valuable learning on matters to do with Sex, the Law and Consent. This will build on knowledge from the Relationship's unit students will have studied in Year 9 and will recap areas such as Consent.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Sexting Nudes• Porn• Relationships, sexual abuse and rape• Domestic abuse and violence• Campaigning against FGM	<p>Relationships and Sex Education (<u>Exploring</u> relationships and sex education)</p> <p>This unit allows students explore Relationships, Sex Education and Contraception, building on knowledge from earlier in the school year.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Sexting Nudes• Porn• Relationships, sexual abuse and rape• Domestic abuse and violence• Campaigning against FGM
	<p>Staying Safe Online and Offline (Violence, crimes and seeking safety)</p> <p>This unit acts to provide valuable learning safety both online and offline.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Honour Based Killing• Forced Marriage• Online Gambling• Modern Day Slavery• Causes of Knife Crime	<p>Exploring British Values (Rights, responsibilities and British Values)</p> <p>This unit will build on the knowledge obtained in the Rights and Responsibilities unit of Year 9.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Critical thinking and fake news• What is a cult?• Exploring britishness and British Values• Human Rights• LGBTQ+ and British Values	<p>Life Beyond School (Rights and responsibilities)</p> <p>This unit will build on from the Preparing For the Wider World unit</p> <p>Topics include:</p> <ul style="list-style-type: none">• Instagram generation• Targeted advertising• Marriage• Rights and responsibilities• Consumer rights• Employment rights• Exploring a pay check

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Y11	Autumn PSHE/RSE	Spring PSHE/RSE
Curriculum Content	<p>Relationships and Sex Education (Contraception and STIS)</p> <p>This unit will build upon the knowledge gained in the Relationships and Sex Education module from Year 10.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Sexual Transmitted Infections• Contraception• Sexual Harassment• HIV and AIDS• AIDS prejudice and discrimination• Sexualisation in the Media	<p>Staying Safe Online and Offline (Violence, Crimes and Seeking Safety)</p> <p>This unit acts to prepare students with issues they may face when leaving school.</p> <p>Topics include:</p> <ul style="list-style-type: none">• New Psychoactive Drugs (NPS)• Festivals and Drugs• War on Drugs• Domestic and Aesthetic procedures• Online Footprint - virtual reality and live streaming
	<p>Life Beyond School</p> <p>This unit acts to provide valuable learning on matters to do with Life Beyond School.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Dealing with exam stress and anxiety• LGBTQ+ rights across the world• Instagram vs Reality• Writing a CV• Writing a personal statement	<p>Health and Wellbeing (Adult Health and looking after yourself)</p> <p>This unit provides essential, and in some cases, life-saving, information.</p> <p>Topics include:</p> <ul style="list-style-type: none">• Teenage pregnancy choices• Abortion• Testicular and prostate cancer• Cervical, treats and ovarian cancer• Parenthood• Love• Abuse