



**Moorside
High School**
Enriching Lives, Inspiring Ambitions



#TeamMoorside Parent Update 08.12.23

Dear Parent/Carer,

It is hard to believe I am writing the last parent update for 2023, the days and weeks are just going by so quickly. School will close to students on Friday, 15th December at 12:10pm. We appreciate that there is a lot of illness at the moment, which is normal at this time of year, but please can we encourage all students to try to come into school. We will always send students home if they become more unwell during the day. We have lots of exciting things planned for the last week of term and it would be a real shame for them to miss out. As a reminder, the linked document gives some good advice around if your child is too ill for school. To access this, [please click here](#).

We have had a very Christmassy week over the last seven days. We received lots of positive feedback from the staff at Moorside Primary after our Year 7 Form Captains helped at their Christmas Fair. Staff and parents commented how helpful, mature, and polite our students were, thank you to all the students that helped. Can we also say a huge 'Thank you' to everyone who donated to the food bank collection for our Christmas Jumper Day. The trolleys were so full, and we



are running out of room for our Mission Christmas Toy appeal. Thank you for your contributions, it is very much appreciated. This week, we have also seen the start of our charity candy cane sale, and everyone enjoyed Christmas lunch in their Christmas jumpers yesterday. With just one week to go, we really do want all students to enjoy the last week of the term and fully engage in all lessons alongside the activities that are being planned.



This week in assemblies, Miss Drinkwater shared information around staying safe during the festive season, especially around water safety and ice. The aim was to ensure we equipped students with tips and advice about keeping safe whilst not in school. The information we shared included advice on road and street safety, alongside staying safe online. We would always actively encourage parents/carers to check their child's electronic device regularly and discuss how they are using them. We appreciate that the Christmas holidays are different for everyone, if you need any support whilst school is closed, we have lots of information on our school website to support both students and parents. [Please click here to access the links](#) To support parents, there is also some information around water safety at the end of the parent update.

Although it has been cold outside this week, it has been warm in school and as ever, the students continue to work hard and engage well. With the end of the first full term in sight, we are all looking forward to celebrating the students' achievements at the Celebration Assemblies. We really do have plenty to celebrate, especially those students that do the right thing, at the right time, in the right place. One final piece of work we have to celebrate before Christmas is our 'School Newspaper'. Our Journalism Club have been working hard on this, and we will be publishing our December edition next week. We hope you enjoy reading the articles all produced by our students. A big thank you goes to Mr Howson who has led on this club.

On behalf of Team Moorside, I would like to wish you all a very peaceful and relaxing Christmas, thank you for all your support.

Best Wishes

Mrs Ryles-Dean
Headteacher

Mission Christmas

As we approach the festive season, we are encouraging everyone to be a Secret Santa again this year. Moorside High School have always played a big role in supporting the charity, Cash for Kids and we are hoping to have a record-breaking year this year. If you can support, all donations should be left in our charity supermarket trolleys. The only requirement from the charity is that donations are unwrapped and unused (new). We are always overwhelmed by the generosity of our parents/carers, and we thank you in advance for your support with this.

Thank you to everyone that supported the St Anns Hospice chocolate appeal, we have been able to donate a huge trolley full of chocolates.

Food Bank

During the final week of term, we are continuing to collect donations to support our local community, if you can spare a tin of beans or a packet of pasta. Please do send them into reception.

Cost of Living

We are fully aware that for all families, this time of year can be particularly challenging, especially financially. We want our families to know that we are here to help, should you be struggling. If you need any support, or we can help in any way, please do reach out to us by emailing, MHSInfo@consilium-at.com

Hand Hygiene – A message from the Health Protection Team

As we go into winter, common illnesses can keep children and teenagers away from their classmates and studies. One of the best things we can all do to avoid illness is to practice good hand hygiene.

Good hand hygiene helps stop infections from spreading, which means less disrupted learning time.

Teach your child to wash hands properly for 20 seconds and stay away from others when sick. The [e-bug resources](#) for all ages can help you to explain and discuss hygiene habits – and why they are important - to your child or teenager.

To avoid catching bugs or passing it on to others wash your hands frequently and thoroughly with soap and warm water. This is most important following an episode of diarrhoea or vomiting, after using the toilet, before eating or preparing food, after changing nappies, as well as cleaning up vomit or diarrhoea. Alcohol-based hand sanitisers are not effective against some infections.

Anyone who has diarrhoea and/or vomiting should stay at home. Do not return to work or send children to school until 48 hours after the symptoms have stopped and do not visit your GP or hospital while symptomatic. If you are concerned about your symptoms, talk to your GP by phone, contact NHS 111 or visit the [NHS web pages](#). For useful handwashing tips please have a look at the [following NHS video](#)

Year 11 Mock Exams

When we return in January, the Year 11 mock exams will begin. It has been really pleasing to see over the past term, the increasing numbers of our Year 11 students who are now accessing the extensive intervention sessions that are available to them. As you are aware, we have breakfast workshops, after school revision classes and Saturday School. Alongside this, all students take part in extra English and Maths retrieval and exam practice sessions during R time.

The mock exams will be taking place after the Christmas break, running from Wednesday 10th of January until Friday 26th of January. All students have been given the mock exam timetable and a copy of this is also available on the school website. The arrangements for the exams are the same as those which were followed for the November English and Maths assessments. Year 11 parents/carers should have received this week a 'Mock Exam' Parent Booklet and students have received a 'Make it Stick' support booklet to give them top tips on preparing for the Mock Exams.

We do recognise that some students are feeling apprehensive about the examinations and may feel under pressure in the coming months. To support the students, we have organised for all Year 11 students to take part in a one-hour wellbeing session next Tuesday, 12th of December. The year group will be split into five groups and will take part in a session led by the Salford iThrive team. When we return after Christmas, they will then have a follow up assembly on the 9th of January to provide them with last minute tips on mindfulness and managing anxiety during the exam period. We wish all our Year 11 students every success in their Mock Examinations.

Year 10 Parents Evening

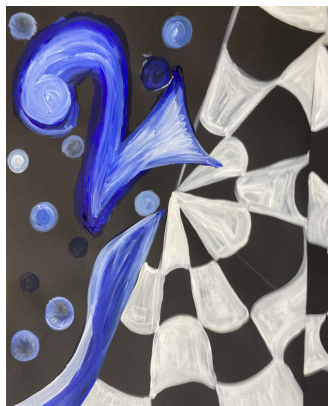
Year 10 Parents Evening will be taking place on Thursday 11th of January 2024, bookings are now open.

New Year Expectations!

New Year is always a great time to press the reset button and have a fresh start. We will be reminding students in the last few days of term, how important it is to return to school with a positive attitude and ready to learn. It is imperative that students return in full school uniform, the correct shoes, not trainers, with a suitable school bag for their equipment, knowledge organiser, planner and reading book. If you require any support in ensuring your child is fully prepared for school with the correct equipment/uniform, then please do contact their Head of Year.

Wonderful Work Wednesday

Well done to all students who submitted work for 'Wonderful Work Wednesday' some fantastic artwork on display.



Silent Reminder



SILENT REMINDER - "SPREAD THE KINDNESS AT CHRISTMAS"

Christmas is often a very busy period, the nights are dark, the shops are busy and people are stressed, frantically organising in preparation for Christmas day. In light of this, we would like to set you a challenge to be kind to each other this Christmas. Kindness cools down any heated situation, shows people you care, promotes harmony and reminds others that we are all in this together.

Be Kind to your families

Kindness can be shown in many different ways, a meaningful thankyou, the offer of a helping hand or just going that extra mile to make others feel valued. Make sure you find time this Christmas to show your family and friends you appreciate and love them.

Be kind to your friends

Everyones experience of Christmas is different. Christmas may not be busy and happy for everyone so spare some time to speak with and meet up with friends. A simple text or phone call to let someone know you are thinking of them this Christmas can go along way to making their day special.

Be Kind to yourself

Being kind to yourself is vital. Maybe Christmas is a difficult time for you for different reasons, you have reflected on a hard year, or perhaps the absence of a loved one hits you hard. During the holidays, pause what you are doing for a minute. Look around and see everything that is good, I assure you there will be lots to be positive about.



Looking forward to January

Just as a heads up, within the first few weeks of January the following will be taking place:

- 2nd January 2024 Staff Inset Day (staff only)
- 3rd January 2024 Students return to school 08:25
- 10th January 2024 Year 11 Mock exams
- 11th January 2024 Year 10 Parents Evening
- 18th January 2024 Year 9 Parents Evening

All term dates for the academic year, 23/24 can be found on the school website or by [clicking here](#)

Moorside Matters Parent Facebook group.

If you would like to join, please head over to our Facebook page by [clicking here](#) or scanning the QR code. As is normal in most Facebook groups, you will be asked a few questions to verify your genuine connection with the school and agree to the group rules before being accepted.

We look forward to meeting you virtually through the Facebook group! Thank you for your support.



MHSYear7@consilium-at.com , MHSYear8@consilium-at.com, MHSYear9@consilium-at.com,

MHSYear10@consilium-at.com, MHSYear11@consilium-at.com, MHSabsence@consilium-at.com

Email: MHSinfo@consilium-at.com

Twitter - @moorsidehigh

Instagram – moorsidehighofficial

CONSIDERATION ASPIRATION RESILIENCE EQUALITY



Class Charts is an online system which teachers use to track attendance, achievement, behaviour and homework throughout the school day.

We believe in working closely with parents and one key benefit of Class Charts is that it provides parents with daily attendance, behaviour and achievement reports so you are kept up to date in real-time on your child's performance in school.

You will be able to use Class Charts to keep track of:

- achievements
- attendance
- homework
- behaviour

If you have more than one child at the school you can use the same parent account to view achievement data for all your children.

Class Charts for parents can be accessed via the website, or iOS and Android apps. You should have received a Parent Code from school which can be used when you sign up.

If you've lost your login details, please get in contact via:

mhsccharts@consilium-at.com



TEAM MOORSIDE - THE MOORSIDE WAY



Complete all homework and hand in on time



Play your part in the positive learning environment



Wear correct uniform



Planner, equipment, knowledge organiser out on desks



Be respectful to everyone



Use technology appropriately



Look after school property and keep the school tidy



Move around the corridors sensibly



Listen and follow instructions first time



Arrive on time to school and lessons

Winter water safety

In winter, children and pets are particularly at risk when tempted to play on the ice formed on open water, and adults can find themselves at risk in attempting to save them.

Taking a nice walk in cold weather with your family, friends or dogs in tow can be really refreshing, just make sure you know some simple tips on how to stay safe in winter.

Here are some useful tips to keep safe this winter:



KEEP BACK FROM THE EDGE

Keep back from slippery banks.
Stick to well-lit areas and plan your walks in daylight or along well-lit paths.
Never go onto the ice.

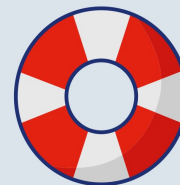


KEEP CHILDREN AND DOGS WITHIN REACH

Teach children not to go onto ice.
Keep dogs on a lead near ice and slippery banks.
If out enjoying a winter walk, walk with friends.



Enjoy Water Safely



IF YOU'RE IN TROUBLE FLOAT AND CALL FOR HELP.

Stay calm, float on your back and call for help.
Wait for help and keep as still as possible.
Preserve heat by pressing your arms by your side and keep your legs together. Keep your head clear of the water.
Throw something that floats to somebody that has fallen in.



CALL 999

Do not enter cold water or ice to rescue.
Try and reach them from the bank using a rope, pole, tree branch, clothing tied together or anything else which can extend your reach.

SALFORD FAMILY RELATIONSHIPS

EARLY HELP

ABOUT US

It's normal to have arguments in family relationships.

Sometimes these arguments can become destructive and can negatively impact others such as your children.

Salford Family Relationship team can help reduce conflict in your relationships. We know that happier homes make happier children.



WHAT WE DO

We know living with conflict is hard, but did you know it can have a long term impact on children as they grow up?

Salford Family Relationships has a wide range of courses and support to help reduce conflict in families.

Speak to us about what options will suit you and your family best.



CONFLICT BETWEEN PARENTS

Whether you are together, separated or divorced we can support you to communicate better and make hard conversations easier.



CONFLICT WITH YOUR CHILD

Parenting can be a hard job, communicating with a child/teen can be even harder. If you feel like every conversation is a battle we can help make life that little bit easier.



PREGNANCY AND NEW BABY

Having a new baby is a time of change. Relationships can change too. Get your relationship ready for your new baby.

CONTACT US IF YOU WANT MORE INFORMATION.

PHONE: 0161 6867229

EMAIL: RELATIONSHIPS@SALFORD.GOV.UK

Salford City Council



Salford Family Relationships



Being a parent is an amazing job but it's not an easy one!

Salford Family Relationship Programmes support parents and carers in their parenting role to have strengthened relationships with their children.

Our Triple P

Seminars are available to provide general information about promoting child development, they are suitable for parents of children aged 0-15 and for parents of SEND children up to the age of 12.

Discussion Groups

2 hour interactive session for a small group of parents based on commonly encountered problems, they are suitable for parents of children 0-15 years.

Triple P Online for baby 0-12 months

Ideal for parents and carers who would like to access information around child development at a time that suits them.

For information on parent and child relationship support offered in Salford please contact us via the parenting portal using the QR code, by telephone or email.



Contact us:

Tel: 0161 686 7229

Email: parenting@salford.gov.uk

Salford City Council

IS YOUR CHILD TRANS?

Is your child questioning their gender identity or expression?

Do you have questions about your trans or non-binary child?

Not sure what to say or do to best support your trans child?



Join Salford's support space for parents and carers of trans and non-binary young people.

Join Salford's support space for parents and carers of trans and non-binary young people.

Meeting on the third Sunday of the month, 1:30pm - 3:30pm this group allows parents and carers a supportive space to discuss any questions or concerns they have about their trans, non-binary, or gender-exploring child. Come and learn from experienced staff and parents, get answers to your questions, and learn and grow together with other parents and carers so you may best support your trans child.

The Beacon Centre

8A London Street, Salford, M6 6QT

Contact – LGBT@salford.gov.uk