



#TeamMoorside Parent Update 01.02.24

Dear Parent/Carer,

A common theme this week has been students reflecting on their future. It has been great to hear the conversations of Year 9 students thinking about their GCSE choices and it was lovely to see so many parents attend the Guided Choices Pathway evening on Tuesday.

Year 11 have also been a buzz of conversation following their Mock Interviews on Monday. During our inset day on Monday, Year 11 students were invited into school to take part in a mock interview with a visitor from the world of work. This was an ideal opportunity for students to practice and develop their interview technique ahead of future college, apprenticeship, or job interviews. We had 25 visitors from industry come into school to conduct 1:1 meetings with the students and we were delighted with the way the students conducted themselves. The overall feedback was



very complimentary, with some visitors commenting on the maturity, presentation, and integrity of the students they met. Well done Year 11.

Careers education is an important part of the curriculum as it gives students the opportunity to think about life beyond school. We know that many schools have moved away from the traditional face-to-face work experience model, but we want to find a halfway house for this as we know there is so much to be gained by young people from tasting the world of work. Getting up early in the morning, interacting with a range of ages and dealing with customers are great life skills. It is for this reason that later this year, our Year 10 students will get the opportunity of a work shadow experience for two days. They will have the opportunity to go to work with a parent/carer, family member or friend, to experience the world of work. Although initially work experience is a shock to the system, we often find that most of our students thrive. More information about the 'Work Shadow' opportunity will be shared with parents and carers of Year 10 next half term.

Careers education can contribute to students developing a sense of hope about the future. Hope is what sustains us when the going gets tough, we encounter challenges and we face setbacks. We try hard as a school to work on young people having aspiration as this gives them a sense of resilience and the ability to persevere through the touch times.

Next week is National Apprenticeship Week, Mr Farmer is running an apprenticeship workshop for those in Year 11 who are considering apprenticeships with a guest speaker. The two sessions will take place during the two year 11 PSHE lessons on Tuesday and Wednesday, so students will not miss any curriculum time. The session will focus on what apprenticeships are and how to register online for apprenticeships to search and apply for vacancies. For more information, please click here.

Finally, we are very conscious that young people can struggle with their own wellbeing and mental health. Over the month of February, we are highlighting wellbeing with our 'Feel Good February' initiative. This was launched today with students being introduced to the challenge of taking part in lots of wellbeing activities over the course of the month. More information about 'Feel Good February can be found below. We are very much looking forward to seeing the students get fully involved.

Thank you for your continued support, have a lovely weekend. Mrs Ryles-Dean Headteacher

Moorside Matters Parent Facebook group.

If you would like to join, please head over to our Facebook page by <u>clicking here</u> or scanning the QR code. As is normal in most Facebook groups, you will be asked a few questions to verify your genuine connection with the school and agree to the group rules before being accepted.





Time to Talk

On Thursday we celebrated 'Time to Talk' Day. Time to Talk is an annual awareness day held at the beginning of February. It's a day for us all to start a conversation about mental health. During break and dinner there was a pop up stand full of useful information and activities to help students facilitate conversations around Mental Health. Students also had the opportunity to send positive postcards to their peers and remind them of the importance of sharing their feelings and checking on your friends. Finally, during lunchtime there was a video stream displayed in the library, this podcast was created by Young Champions in honour of Time to Talk and discussed effective tips for young people for talking about Mental Health.











LGBT+ History Month

Throughout the week pupils have attended assemblies focused on LGBT+ History Month. These were student led assemblies and our students did an incredible job. Alex, an LGBT+ Youth Worker also attended the assemblies to share the impact of their work within the Salford community.



Feel Good February

As a school we want to make sure that we are supporting our students, especially their mental health and wellbeing. This February we are setting students some wellbeing challenges. Will they rise to the challenge and support their own wellbeing this month? A flyer with all the challenges is available from the library and will also be on the school website. Please click here to access the flyer.

We have reminded students to ask permission at home before they complete any of the challenges, and that they need to stay safe and make sure they tidy up after themselves! If students complete one of the activities, we are encouraging them to share them with us at: MHSwellbeing@consilium-at.com

Feel Good February #TEAMMOORSIDE #WECARE



CAN WE, AS A COMMUINITY, WALK, CYCLE, RUN, THE DISTANCE OF LANDS END TO JOHN O'GROATS, AS TEAM MOORSIDE.

874 MILES OR 1406KM

All you need to do is send screen shots of your steps/rides in kilometres to MHSwellbeing@consilium-at.com

There will be regular updates and a weekly map, tracking the distance - Good Luck Everyone

Alongside this, we are also encouraging staff and students to virtually cycle, walk, run from Lands End to John O'Groats. All students need to do is email their evidence from Strava, phone or Fitbit to:

MHSwellbeing@consilium-at.com

All students who actively engage over the month will receive bonus wellbeing praise points on ClassCharts. If your child has any questions about the challenges, please do get them to speak to their Head of Year.

Parent Forum

We would like to run a Parent Forum each term with our parents/carers. If you have a particular area you would like to discuss with us as a school, please do contact MHSinfo@consilium-at.com we will then organise a forum to support the topic of choice.

Attendance Matters

As you are aware, we are having a huge push on attendance and ensuring that standards are kept high. Thank you to all our parents/carers that are supporting this drive to ensure that students are in school on time, in full school uniform and have all their equipment with them (including, planner, knowledge organiser and reading book). If you require any support in ensuring your child has everything they need, please do contact your child's Head of Year

Short Story Competition

It is extremely important to us that all our young people's voices are heard, we want the short story competition to be about those stories and voices of the North of England that aren't always heard. We would like our students to focus on how young people relate to their environment, in whatever way they choose to express. Students can also complete a book review, and it would be great to see some reviews of northern writers' books. The competition is open to all years. Mrs Beach and Ms King will be running an afterschool club to support students creating the best entries they can, ready for the deadline of 22nd of March.



Key Dates:

Thursday 15th February 2024
 Wednesday 28th February 2024
 Year 11 Mock Results Day
 Year 9 Choices Deadline

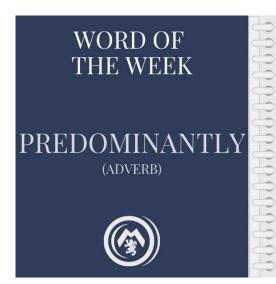
Friday 16th February 2024
 School closes at 2:55pm for February Half term.

All term dates for the academic year, 23/24 can be found on the school website or by clicking here

Silent Reminder



Word of the week



PREDOMINANTLY

MOSTLY | MAINLY | PRIMARILY | LARGELY

More noticeable, important, or larger in number, than others.

"She is predominantly a dancer, but she can also sing and act."







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MHSYear10@consilium-at.com, MHSYear11@consilium-at.com, MHSabsence@consilium-at.com

Email: MHSinfo@consilium-at.com Twitter - @moorsidehigh Instagram - moorsidehighofficial

Consideration Aspiration Resilience Equality

EAM MOORSIDE - THE MOORSIDE WAY Consilium







Play your part in the positive learning environment



uniform



knowledge organiser out on desks



Be respectful to everyone



appropriately



Look after school property and keep the school tidy



corridors sensibly



Listen and follow instructions first



lessons