

Y7	Autumn PSHE/RSE 6	Spring PSHE/RSE/	Summer PSHE/RSE
	<p>Rationale: This is an <b>introductory</b> unit for the new Year 7 cohort. Students will be introduced to PSHE and how we uphold the CARE values at Moorside. Throughout this unit, students will be able to build on their relationships knowledge they will have gained during KS2 as they will be transitioning to high school and forming new relationships.</p>	<p>Rationale: Year 7 will be studying this unit at this point in order to support/ prepare our students for this transition.</p>	<p>Rationale: This is an introductory unit looking at the rights and responsibilities of citizens of the UK, in addition to an introduction to British Values. Students will be studying this unit to gain an understanding of the political landscape and the importance of fundamental British Values. Students will be studying this unit at this point because it will coincide with the May 2024 Local Elections and will hopefully engage students more in ideas of democracy, politics and the process of voting.</p>
<p><b>Curriculum Content</b></p>	<p><b>Transition to TEAM Moorside: Relationships, Life beyond School &amp; Staying Safe</b></p> <ol style="list-style-type: none"> <li>1. Introduction to PSHE at Moorside High School</li> <li>2. Starting Secondary School</li> <li>3. What is community and why is it important?</li> <li>4. Why is it important to take your time to get to know people?</li> <li>5. What makes a good friend? How do you maintain genuine friendships and avoid toxic ones?</li> <li>6. Becoming Independent at School</li> <li>7. Non fiction writing - Write a letter to your future self</li> </ol>	<p><b>Puberty &amp; Body Development (Health &amp; Wellbeing)</b></p> <ol style="list-style-type: none"> <li>1. Intro to Spring 1 - Puberty</li> <li>2. Puberty - changes someone assigned female at birth undergoes during puberty.</li> <li>3. Puberty - changes someone assigned male at birth undergoes during puberty.</li> <li>4. What is personal hygiene and why is it important?</li> <li>5. What is self esteem?</li> <li>6. Writing Lesson - Write a talk to Year 6 Pupils about Puberty</li> </ol>	<p><b>Politics, parliament and me (Rights, Responsibilities &amp; British Values)</b></p> <ol style="list-style-type: none"> <li>1. Why is politics important?</li> <li>2. How is our country run?</li> <li>3. Elections and Campaigning</li> <li>4. Create a Political Party</li> <li>5. Speaking and Listening - present political party</li> <li>6. Writing Lesson - Write a letter to your headteacher explaining the importance of incorporating politics into the school curriculum.</li> </ol>
		<p>Rationale: Students will learn about important issues such as staying safe online and offline which is essential for their first year in high school. We teach this at this stage because students are gaining more access to social media and spending more time online while still being considered vulnerable.</p>	<p>Rationale: Starting high school our pupils will engage with pupils from all walks of life. Pupils have an opportunity to discuss what makes up their identity and the identity of others and why it is importance to embrace and celebrate individual differences.</p>
	<ol style="list-style-type: none"> <li>1. Introduction to Autumn 2: How can we keep safe and positive in relationships?</li> <li>2. How can we keep safe and positive in relationships?</li> <li>3. Avoiding gangs</li> <li>4. What is smoking/Vaping?</li> <li>5. What is alcohol?</li> <li>6. Extended Writing Task - Write a short story that revolves around two characters learning to maintain their friendship after facing a challenge</li> </ol>	<p><b>Staying Safe Online</b></p> <ol style="list-style-type: none"> <li>1. How to Stay Safe Online</li> <li>2. Online Gaming and Grooming</li> <li>3. Gaming Addiction</li> <li>4. Using Social Media Responsibly</li> <li>5. Writing Lesson - Write a speech to your peers explaining the importance of online safety.</li> </ol>	<p><b>Celebrating Differences (Celebrating Diversity &amp; Equality) -</b></p> <ol style="list-style-type: none"> <li>1. Exploring Identities and Similarities</li> <li>2. Exploring Identities and Differences</li> <li>3. Respectful Behaviours</li> <li>4. Identifying and Understanding Bullying Pt.1</li> <li>5. Identifying and Understanding Bullying Pt.2</li> <li>6. Healthy Phone Use and Communication Online (Moved to Au1)</li> <li>7. Making New Friends (Moved to Au1)</li> <li>8. Becoming Independent at School (Moved to Au1)</li> <li>9. Writing Lesson - Narrative Writing - Celebrating Differences</li> </ol>

Y8	Autumn PSHE/RSE Life beyond school	Spring PSHE/RSE	Summer PSHE/RSE/RE
	<p>Rationale: Students will gain a knowledge of what drugs and alcohol are and why people choose to use them. They will gain an insight into the laws surrounding drugs and alcohol and will understand how to keep themselves safe in risky situations. Students are taught this unit in Year 8 as they are beginning to have even more freedom and may be exposed to these situations and substances. We feel they need to be aware of the dangers and where to find help for themselves or their friends.</p>	<p>Rationale: This unit will be taught at this part of the year as some students will be starting to make decisions about their own identity and it will also allow students to gain an insight into identities that are different to theirs. In addition, this unit will be taught before Pride Month in June. Hopefully this will encourage students to become more aware and involved in any activities linked to this event.</p>	<p>Rationale: Following student feedback from both pupil voice and DDR I incorporated an introduction to Careers module. Pupils will have the opportunity to explore different career and discuss their current career aspirations and devise a plan to reach their career goals.</p>
<p><b>Curriculum Content</b></p>	<p><b>Staying Safe Online &amp; Offline. Dangerous Society Online &amp; Offline</b></p> <ol style="list-style-type: none"> <li>1. Introduction to Year 8 PSHE</li> <li>2. County lines: What are county lines?</li> <li>3. County lines: Who is at risk of being targeted?</li> <li>4. What is online grooming?</li> <li>5. What is child sexual exploitation (CSE)?</li> <li>6. What is substance misuse?</li> <li>7. <b>Narrative Writing</b> - Write a short story from the perspective of a teenager who is tempted to join a gang but ultimately decides against it.</li> </ol>	<p><b>LGBTQA+ (Celebrating Diversity &amp; Equality)</b></p> <ol style="list-style-type: none"> <li>1. Introduction to Spring 1</li> <li>2. Homophobia in schools and society</li> <li>3. Supporting those that are a part of the LGBTQ+ community</li> <li>4. Challenging homophobia</li> <li>5. What is transphobia?</li> <li>6. Coming Out</li> </ol>	<p><b>Careers</b></p> <ol style="list-style-type: none"> <li>1. Careers and Aspirations</li> <li>2. Exploring Careers</li> <li>3. Finding Careers Information</li> <li>4. Goals, Targets and Action Planning</li> </ol>
	<p>Rationale: We teach this at this stage as students are starting think more about their body image and diet. In addition, feedback from KS3 during pupil voice highlighted a need to do more surrounding Mental Health. Also, local data also suggests that childhood obesity in Salford is above average. The issue of Child Abuse explores the importance of consent and boundaries and highlights where students can access support in relation to any form of abuse. Data from Safeguarding Children Salford found bullying was the top issue faced by 11-16 year olds in Salford.</p>	<p>Rationale: Students are taught this unit in Spring 2 as students will start to ask questions about their relationships and it will provide an opportunity for students to be introduced to contraception, a topic they may have missed out on in Primary School due to the pandemic.</p>	<p>Rationale: This unit builds on elements from Summer 1. Pupils will also be preparing to choose their options the following year.</p> <p>After speaking to Mr Farmer we wanted to trial and launch Xello with year 8, the platform they will use to create their CV and cover letter in Year 11.</p>
	<p><b>Physical Health &amp; Mental Wellbeing - 6 Lessons</b></p> <ol style="list-style-type: none"> <li>1. How healthy are you?</li> <li>2. Making healthy choices - food and sleep</li> <li>3. What is body image?</li> <li>4. What is mental health?</li> <li>5. Can you identify the different types of bullying?</li> <li>6. What is child abuse?</li> <li>7. Writing Lesson - Write a lively guide titled "How to Live a Healthy Life" for your peers.</li> </ol>	<p><b>Identity, Relationships &amp; Sex Education (Relationship &amp; Sex Education)</b></p> <ol style="list-style-type: none"> <li>1. Intro to Spring 2 - Introduction to Relationships</li> <li>2. Romantic Relationships</li> <li>3. What does it mean to be Physical Intimate?</li> <li>4. Unhealthy Relationships</li> <li>5. Maintaining healthy family relationships</li> </ol>	<p><b>Life Beyond School</b></p> <ol style="list-style-type: none"> <li>1. Becoming Independent Outside of School</li> <li>2. Online Wellbeing - Fake News and Echo Chambers</li> <li>3. Media Influence - Influencers and Gender</li> <li>4. Media Influence on Body Image - Diet culture and eating disorders</li> <li>5. Evaluating Influence</li> <li>6. Physical and Mental Wellbeing</li> <li>7. Recognising and Dealing with Emotions</li> </ol>

Y9	Autumn PSHE/RSE/RE	Spring PSHE/RSE/RE	Summer PSHE/RSE/RE
	<p>Rationale: We also are aware that in Year 9 students may begin to think about getting a part time job and therefore some may begin the process of learning how to manage money. They may also start to think about why it might be important to work hard to build a successful career from a financial point of view.</p>	<p>Rationale: This unit will build on the work students will have completed at primary school and in both years 7 &amp; 8. This unit will focus on; self-esteem, the factors that affect it and how to improve it; what is a vulva and a penis; HBT bullying; dealing with grief and loss and issues surrounding cancer prevention. This unit is delivered at this point in Year 9 as it is felt that students need to be educated in these particular areas in order to safeguard themselves and each other.</p>	<p>Rationale: Safeguarding children Salford (2022) found issues surrounding drugs and alcohol to be the 5th out of list 16 issues teens (11-16) said they face in Salford.</p>
<p><b>Curriculum Content</b></p>	<p><b>(Life Beyond School)</b> Essential Life Skills</p> <ol style="list-style-type: none"> <li>1. Introduction to Year 9 PSHE</li> <li>2. How are success and failure linked?</li> <li>3. What is happiness and what does it mean to different people?</li> <li>4. What is the best way to look after money?</li> <li>5. Where can we save money?</li> <li>6. What are the implications of borrowing money?</li> <li>7. Non Fiction Writing: Write a motivational speech encouraging students to follow their dreams and never give up</li> </ol>	<p><b>(Health and Wellbeing)</b> Body confidence</p> <ol style="list-style-type: none"> <li>1. What is self esteem and how does it change?</li> <li>2. Beauty Standards, the media and airbrushing</li> <li>3. Dealing with grief and loss</li> <li>4. Healthy lifestyles and cancer prevention</li> <li>5. Cyberbullying and mental wellbeing</li> <li>6. Jess Nelson - Odd one Out Documentary</li> </ol>	<p><b>Staying Safe Online &amp; Offline)</b> Legal &amp; illegal drugs</p> <ol style="list-style-type: none"> <li>1. What are drugs?</li> <li>2. Drug abuse</li> <li>3. Alcohol and drug addiction</li> <li>4. Alcohol, smoking and vaping</li> <li>5. Parties and nights out</li> <li>6. Writing Lesson - Write a speech to your peers explaining the effects of drugs and alcohol abuse</li> </ol>
	<p>Rationale: This unit is delivered in Year 9 as it is felt that students are mature enough to deal with these topics at this stage and need to be educated in these areas in order to be able to safeguard themselves and each other.</p>	<p>Rationale: Following pull voice feedback, pupils expressed the want and need to learn about first aid scenarios when they may need to know how to administer First Aid.</p>	<p>Rationale: This unit builds on knowledge pupils acquired in both year 8 and during autumn 1 in year 9. In year 8, they were introduced to contraception and this unit explores, where to access support, how to properly use contraception and the consequences of not using contraception.</p>
	<p><b>(Relationship &amp; Sex Education)</b> <b>Sex the Law and Consent</b></p> <ol style="list-style-type: none"> <li>1. Introduction to Autumn 2</li> <li>2. Sexual Consent and the Law</li> <li>3. FGM and the Law</li> <li>4. Delaying sexual activity</li> <li>5. Why have sex?</li> <li>6. Period - Cycle awareness and period poverty</li> <li>7. Writing Lesson - Write a letter to a local MP advocating for policies that address period poverty across the globe</li> </ol>	<p><b>(Life Beyond School)</b></p> <ol style="list-style-type: none"> <li>1. Introduction Personal Safety in everyday life</li> <li>2. Introduction to first aid and fire safety</li> <li>3. Peer Pressure, exploitation and knife crime</li> <li>4. Managing Peer Pressure</li> <li>5. Peer Pressure Writing Lesson - Create a narrative showing a successful use of a <b>refusal skill</b></li> </ol>	<p><b>(Relationships &amp; Sex Education)</b> <b>Contraception &amp; STIs</b></p> <ol style="list-style-type: none"> <li>1. What are STIs Lesson 1</li> <li>2. What are STIs Lesson 2</li> <li>3. Contraception Lesson 1</li> <li>4. Contraception Lesson 2</li> <li>5. Sexual violence and harassment Lesson 1 - Perpetrator</li> <li>6. Sexual violence and harassment Lesson 2 - Victim</li> <li>7. Writing Lesson - Write a speech to your peers explaining the importance of safe sex</li> </ol>

Y10	Autumn PSHE/RSE/RE	Spring PSHE/RSE/RE	Summer PSHE/RSE/RE
	<p>Rationale: In 2022 data showed teens aged 11-16 said Mental Health difficulties was the 3rd highest issues faced by teens in Salford. Also, our students will be completing their first round of GCSE mocks this year and it is vital they are aware of how to deal with stress triggered by examinations. Following pupil voice highlight the want and the need to focus on MH and stress and anxiety</p>	<p>Rationale: This will build on knowledge from the Relationship's unit they studied in Year 9 and will recap areas such as Consent. It is felt that, at this point, students will be mature enough to deal with these topics at this stage and need to be educated in these areas in order to be able to safeguard themselves and each other.</p>	<p>Rationale: This unit will build on knowledge acquired in year 9, when pupils explores contraceptive options and the consequences of not using contraception. Pupils will also have an opportunity to explore gender stereotypes in regard to sexual violence.</p>
<p>Curriculum Content</p>	<p><b>(Health and Wellbeing)</b> <b>Mental Health and Wellbeing</b></p> <ol style="list-style-type: none"> <li>1. Introduction to Year 10 PSHE</li> <li>2. Basics of Mental Health</li> <li>3. Mental Wellbeing</li> <li>4. Managing Mental Health, including Self Harm</li> <li>5. Everyday stress triggers we can try to control</li> <li>6. Managing anxieties around school work to keep positive mental health</li> <li>7. Narrative Writing - Write a short story about a character your age who faces a mental health challenge, such as anxiety, depression, or bullying. Show how the character deals with their situation, including any setbacks and triumphs. Highlight the importance of seeking support and the positive outcomes that can arise from getting help.</li> </ol>	<p><b>(Relationships and Sex Education)</b> <b>Warning, relationships and Sex Education</b></p> <ol style="list-style-type: none"> <li>1. Introduction: Sexting and nudes (lesson 1)</li> <li>2. Sexting and nudes (lesson 2)</li> <li>3. Pornography</li> <li>4. Relationships, Sexual Abuse and Rape</li> <li>5. Domestic Abuse and Violence</li> <li>6. Communication and vulnerability in relationships</li> </ol>	<p><b>(Relationships &amp; Sex Education)</b> <b>Exploring relationships and sex education &amp; revisiting STIs</b></p> <ol style="list-style-type: none"> <li>1. Revisiting STIs</li> <li>2. Pregnancy and foetal development</li> <li>3. Relationship and Partners/Abusive relationships/ Revisiting Consent</li> <li>4. Sexual Violence and Gender Stereotypes</li> <li>5. Sexualisation in the Media</li> <li>6. Writing Lesson - Importance of safe sex</li> </ol>
	<p>Rationale: This is taught at year 10 because it is felt that students will have to display a certain level of maturity to discuss these issues. Students at this age may also start to become involved in gangs / knife crime and this is why it is appropriate to discuss it at this point in the key stage. They would have previously discussed knife crime in regards to peer pressure the year before.</p>	<p>Rationale: This unit will build on the knowledge obtained in the Rights and Responsibilities unit of Year 9. However, it will focus on appreciating diversity and understanding racism. I think our pupils understand that racism is wrong but I think it is important for them to understand the not only the history of racism but also the consequences. It is also important our pupils understand the importance of challenging racism. Following student voice this was the number 1 topic pupils wanted to focus on.</p>	<p>Rationale: This unit will build on from the Preparing for the Wider World unit, and it will allow students to discuss targeted advertising, marriage, rights &amp; responsibilities, employment rights and issues surrounding wages. This unit is taught at this point as some students will be starting to explore the employment market and some of the topics will allow them to understand more about their rights and responsibilities as an employee.</p>
	<p><b>(Staying Safe Online &amp; Offline)</b> <b>Violence, Crimes and Seeking Safety</b></p> <ol style="list-style-type: none"> <li>1. Introduction to Autumn 2</li> <li>2. Honor Based Killing</li> <li>3. Forced Marriages</li> <li>4. Online Gambling</li> <li>5. Modern Day Slavery</li> <li>6. Writing Task - Write a letter to your local MP advocating for more measures to prevent knife crime. Suggest specific actions or policies you believe would be effective.</li> </ol>	<p><b>(Rights, Responsibilities &amp; British Values)</b> <b>Exploring British Values</b></p> <ol style="list-style-type: none"> <li>1. Introduction to Spring 2 - What are British Values?</li> <li>2. Understanding Racism</li> <li>3. Anti-Racism</li> <li>4. Appreciating Diversity</li> <li>5. Activism Writing Lesson - Write a persuasive letter to your Prime Minister about changes you'd like to see to support the anti-racist movement.</li> </ol>	<p><b>(Life Beyond School)</b> <b>Rights and Responsibilities</b></p> <ol style="list-style-type: none"> <li>1. Know your rights - Human Rights</li> <li>2. Marriage and civil partnerships</li> <li>3. First Aid - Knife Crime</li> <li>4. Media influence - Gang Culture, revisiting County Lines</li> <li>5. Media influence - Radicalisation and extremism</li> <li>6. Scams and Gambling</li> <li>7. Writing Lesson - Create a story about someone whose rights have been infringed.</li> </ol>

Y11	Autumn PSHE/RSE/RE	Spring PSHE/RSE/RE
	<p>Rationale: This unit is the final relationships module for our year 11, which builds on previous knowledge acquired over the years in RSE. Pupils will discuss subjects such as sexuality and dealing with rejection in relationships.</p>	<p>Rationale: This unit provides our pupils with valuable medical information in order to looking after their physical health. Students will also focus on how to safe while travelling in the UK and abroad as this could be something they start to think about once they have left school.</p>
<p><b>Curriculum Content</b></p>	<p style="text-align: center;"><b>(Relationships &amp; Sex Education)</b> <b>Contraception &amp; STIs</b></p> <ol style="list-style-type: none"> <li>1. Introduction to Autumn 1</li> <li>2. Developing sexuality and readiness for sex</li> <li>3. Consent - pressures and dealing with rejection</li> <li>4. Pornography - body image in the media</li> <li>5. Becoming a parent</li> <li>6. Parenthood and Fertility</li> <li>7. Non fiction writing - Write a speech <b>explaining</b> to your peers the importance learning about sex education.</li> </ol>	<p style="text-align: center;"><b>(Health &amp; Wellbeing)</b> Adult health looking after yourself</p> <ol style="list-style-type: none"> <li>1. Introduction to Spring 2 - Giving Blood</li> <li>2. Testicular and Prostate Cancer,</li> <li>3. Cervical, breast and ovarian cancer</li> <li>4. Making healthy choices - Vaccines and health clinics</li> <li>5. Travelling in the UK and Abroad</li> <li>6. Writing Lesson - Write a short story from the perspective of either a teen organ donor or a teen recipient.</li> </ol>
	<p>Rationale: This unit will be particularly important during this time of the year, as this will be the time when Year 11 will be thinking about applying to colleges / for apprenticeships. Year 11 will also have access to the computer rooms during this time. During a pupil voice, pupils said they would like to understand topics such as rent and mortgage, topics they feel they need to know.</p>	
	<p><b>(Life Beyond School)</b> Your future and beyond</p> <ol style="list-style-type: none"> <li>1. Adulting, self worth and celebrating successes - Write a letter to their future</li> <li>2. How do we deal with exam stress?</li> <li>3. Thinking about the future and leaving home</li> <li>4. CV and personal statement</li> <li>5. How does social media impact of real lives</li> <li>6. Being influenced and influencing others</li> <li>7. Writing Lesson - Write a lively guide for your peers titled "How to survive in the real world".</li> </ol>	